



TEAM SHOE-BOX

TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	AM	AM	AM	AM	AM	AM	AM
10:00 - 11:00			Adult Boxing	Private Sessions by appointment only	Adult Boxing	Private Sessions by appointment only	Invitational Sparring
	PM	PM	PM	PM	PM	PM	PM
16:45 - 17:30		Kids Boxing		Kids Boxing			
18:00 - 19:30	Professional & Elite Boxing	Intermediate & Advanced Boxing	Professional & Elite Boxing (Extended Session)	Intermediate & Advanced Boxing	Professional & Elite Boxing		Members Only
19:45 - 20:45	Adult Boxing			Adult Boxing			